

PEDIATRIC PATIENT INSTRUCTIONS FOLLOWING ANESTHESIA

Getting Home: Your child may still be drowsy after discharge from the office. This is common as the anesthetic drugs are wearing off. Children should be closely supervised until the next day to prevent any injuries.

Pain: There may be some pain or discomfort after the procedure. Your child can take the prescribed medication, Children's Tylenol, or Ibuprofen as directed. Feel free to call the doctor's office at any time if the pain is not under control.

Drinking and Eating: Fluid intake after the procedure is important to maintain hydration, especially in children. Please have your child continue with liquids such as water, fruit juices, sports drink, or carbonated beverages to prevent dehydration and reduce any nausea or vomiting following anesthesia. Food can be advanced from soft to solid as tolerated.

Intravenous Site: Please keep the intravenous site clean. Notify the anesthesiologist if there are any signs of redness, tenderness, or swelling at the site.

Any questions or concerns, feel free to call us at 832-303-0075.

